



The Prospector

Sitka Pioneers' Home

May 2017 Vol.37 No.5

Resident Birthdays

<i>Percy Hope</i>	<i>5-02</i>
<i>Richard Witham</i>	<i>5-02</i>
<i>Rose Miller</i>	<i>5-07</i>
<i>Donna Grunow</i>	<i>5-13</i>

Staff Birthdays

<i>Resty Fernandez</i>	<i>5-02</i>
<i>Mayjoy Castro</i>	<i>5-03</i>
<i>Michael Sibayan</i>	<i>5-05</i>
<i>May Rose Bagoya</i>	<i>5-11</i>
<i>Pam Petro</i>	<i>5-21</i>
<i>Tahirih Lang</i>	<i>5-24</i>
<i>Darcy Jones</i>	<i>5-26</i>
<i>Mylene Famini</i>	<i>5-29</i>

*We will celebrate all May birthdays
at the Home Happenings celebration
on Friday, May 26th.*

Scuttlebutt...

Rocel Agbayani and Michael Sibayan's baby was born April 25th at 10:21pm. Michaela Rose was a healthy 6lbs and 15oz and 18inches long.

Edna's baby update is that she is expecting a boy in August! He will join a 13 year old big brother and 1 year old big sister. What fun!

Pam Petro, of Environmental Services, is retiring on May 15th. We will miss her smiles and contagious laugh that we have enjoyed since 2001. We wish you the best!

Mayjoy Castro, CNA, is resigning after 22 years and moving with her family. Mayjoy's positive attitude and welcoming nature will be missed. Enjoy this next chapter!



April Happenings



Service Pin Awards Potluck
followed by
Cinco de Mayo festivities



More than 100 years of service will be recognized and service pins awarded to a group of amazing individuals!

Come by to be a part of this celebration of their dedication to the State of Alaska.

Friday, May 5th 2017
At 1:30pm in the Main Lounge

Fried bread and Indian tacos and 'Mock-aritas' will be available with Cinco de Mayo celebrations to follow!

Potluck items are welcome!



2017 Rummage Sale!

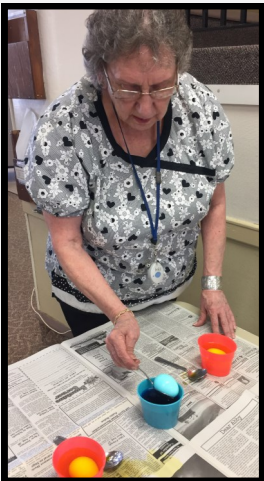
Thursday, May 11th 2017 @ 12am-4pm &

Friday, May 13th 2017 @ 8am-4pm

In the Rec. Kitchen

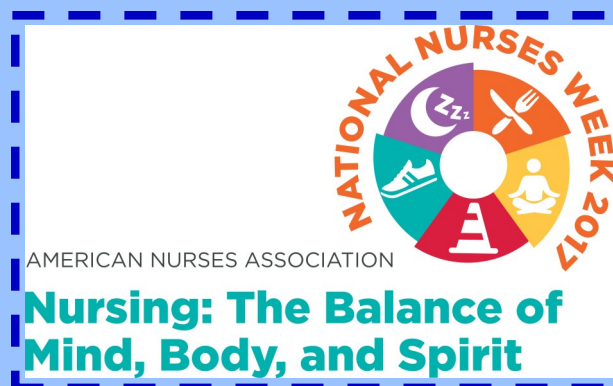
Want to donate items for the sale?

Please see Pam S or Skye W.



During National Nurses Week and throughout the year, American Nurses Association (ANA) is proud to celebrate the role nurses play in delivering the highest level of quality care to their patients. ANA has designated 2017 as the "Year of the Healthy Nurse." Join us during National Nurses Week, May 6–12, as we explore this year's theme, "Nursing: the Balance of Mind, Body, and Spirit." It's all about celebrating nurses like you who lead the charge for health and wellness.

*We will honor the excellence
of our nurses at the
Home Happenings Celebration
on Friday, May 26th 2017.*



Sitka Elks Lodge "Mother of the Year" Celebration

Honored Mother for 2017:

Martha Howard

Flowers for all mothers and refreshments
served in the Main Lounge.

Saturday, May 13th 2017 @ 1:30pm

Earth Day Planting



Brussel sprout starts and radish, carrot, cilantro, basil, and dill seeds were planted in the garden box that Skye built with the Elders last year.



Sheldon Jackson School
Founders Day Celebration
April 17th



4th grade Pen Pals last visit



Bingo

Goodies

Gifts



Thank you, Dayna and family and Kim Elliot, for bringing herring eggs to enjoy! We know that it was hard to find the eggs this year, so thank you for sharing the treat with us.

Thank you, Denise and Mark Klingler, for donating pre-packaged and frozen herring eggs for the residents to enjoy whenever they get a hankering!

Lori Clough of Juneau brought a couple of students with her to perform while they were in town for the High School's Music Festival. Lori was very energetic and played the piano for the vocalists, then she stayed a while and played more songs for us all to sing to. It was great fun and very much appreciated.

Charlotte Candelaria brought in a nice note that says:

**This is National
"You Matter to Me Day!"
And I want to take this
opportunity to say
You are that special person and
You Matter to Me!'**
Thank you.

Charlotte gave it to Jill, who passed it to Skye, who gave it to Becky, and then to Kathy, Grace, Mona, Cory, Guada, Susie S, Reggie J, Brenda B, Ray J, Susie, Marilyn, Riley, Saori, Marievic, Evelyn, Halden, Sharie, Ron, Denise and Dorothy!

Thank you, Charlotte, for starting the chain of caring! It touched all these people in a very short period of time and made their day.

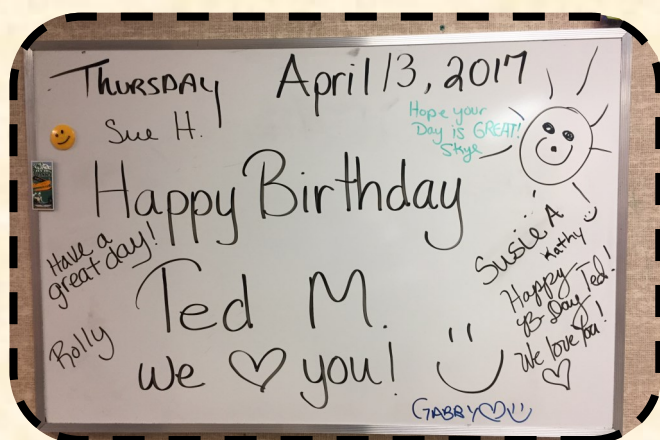
Kris Pool donated a neat puzzle that looks like a quilted living room. Can't wait to see it all put together. Thank you.

Nancy Short donated some leis that will go nicely with our next Hawaiian party! Thank you for thinking of us, Nancy.

Gail Ferris has shared several hours of footage that she filmed while paddling her kayak around Siberia, Greenland and Canada. Thank you for reaching out to us and sharing your adventures!

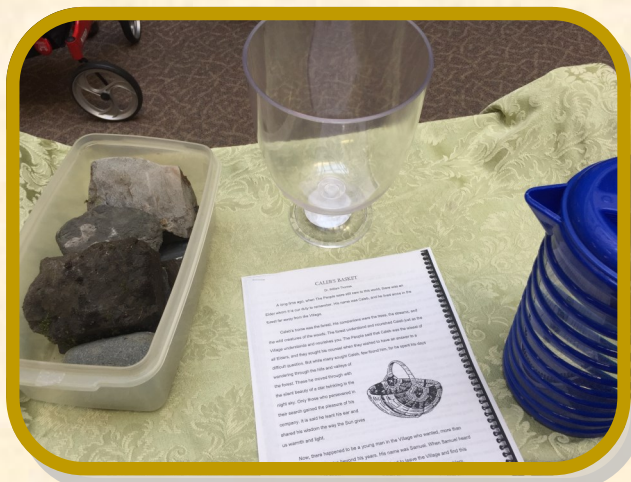


Mt. Edgecombe Pre-School playdough creations of things that fly!



Happy Birthday Cheer for Ted!

Fred's talk about first jobs or stories about life in the workforce had a good turnout and interesting experiences were shared.



Eden Neighborhood Team Meeting— Learning Principle Six and Caleb's Basket Story

Our Eden Alternative journey focus for April, May and June...

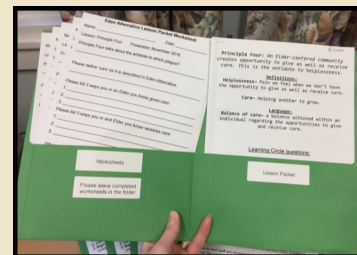
Principle Six: *Meaningless activity corrodes the human spirit. The opportunity to do things that we find meaningful is essential to human health.*

Pick up the Eden Lesson Packets in the green folders on each neighborhood!

Prioritize your ongoing Eden education.

Any questions? Ask Skye!

Pick up the worksheet, fill it out, and turn it in by May 19th.



Meetings:

Residents:

Wednesday, May 17th @ 1:00pm

Certified Eden Associate (CEA): Friday, May 26th @ 9:00am

Home-wide Eden Neighborhood Team Meeting:

Friday, May 19th 2017 @ 1:30pm in the Main Lounge

Agenda: Renewal Party!

***Remember to look to the Certified Eden Associates for support:**

Dayna Arnold, CEE, Skye Workman, CEE, Saori Handy, Katy Rouse, Chris Davison, Mayjoy Castro, Dolores Doggett, Pam Samuelson, Patty Ady, Pat Kehoe-Pendell, Shari Carroll, Lisa Partido, Minda Manuel, Brian Weddel, & Fredi Young



Singing the *Five Little Monkeys* (preschoolers) *Jumping on the Bed* song and reading the Swimmy book were enjoyed by all. Anna and Rosie had a sweet moment when it was time for the students to leave.

Resident Meeting Minutes **Wednesday, April 12th 2017 @ 1:30pm in the Rec. Kitchen**
Attending: Galen I, Anna W, Donna G, Fred H, Dottie K, Fredi Y, Sue H, Greg O, Kitchen Manager, Skye W, RTI.

Food Forum:

Greg shared his plan for Easter Sunday: Prime Rib, roasted beets, and asparagus for lunch. Guests are invited to attend. Regarding the cooking group Greg would like to start: Greg will begin by giving cooking lessons, then see how it evolves from there. Salmon bellies were smoked up and shared, herring eggs have been received, and some have been used in salads.

Old Business:

—Vision statement for the SPH Eden Journey. Please see the draft options that are listed in the display case in the Main Lounge. Place a post it note under the one you like best.

—Poll about location of the Resident meetings is being done with the warmth surveys and the satisfaction surveys.

Agenda Items:

- Skye will collect the Eden Lesson Packets that are on each neighborhood on the morning of 4/28.
- Eden Registry Renewal coming up in May. The teleconference will be scheduled soon, then a celebratory party.
- Upcoming events. Easter Party, April 14th (baby bunnies will visit); Paddling with Gail, Tues. the 18th; Garden Box Planting, morning of the 21st; Celebration of Life for Tom True afternoon of the 21st.
- The resident account is full and Helen, the accountant, is encouraging the residents to spend down. Ideas for spending...outdoor gazebo, fixing the concrete up to the greenhouse for safer resident access, and possible outdoor patio/gardening options, helping pay for CEA training, something else?
- Upcoming CEA training. Dayna and Skye will teach the training and they are working on a list of students, scheduling, funding, etc.

New Business:

No new business.





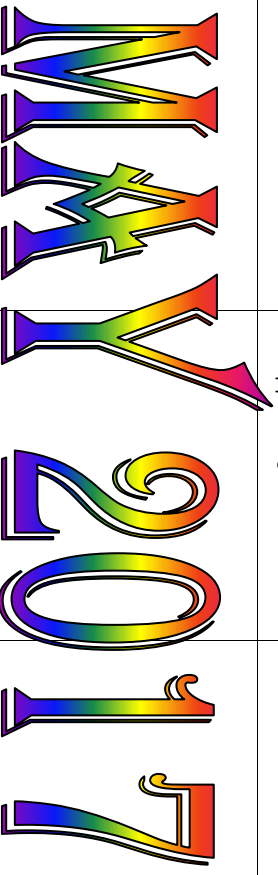
Administrator's update:

The front porch project is done! They just need to take down the temporary structure, clean, and put the furniture back out. The Coffee Cache on Ocean View will be open soon, too.

Respectfully submitted, Skye Workman, Recreation Therapist I

**The radishes sprouted
in 3 days! This
photo is from day
4 and they were
nearly 3 inches tall.**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:00am Neighborhood Visits 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 6:00pm Knitting	2 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 5:30pm Folk Music	3 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint	4 9:00am Shopping 9:30am Storytelling 10:00am Biblical Fun 1:00pm Strong & Steady 3:00pm 4H Visit 5:30pm Karaoke/Singing	8:00am Neighborhood Visits 11:00am Exercise 1:30pm Service Plus Award Potluck and Cívico De Mayo Festivities	6 9:00am Visits 9:30am Catholic Service 10:00am Debbie's Violin Class 1:00pm Ice Cream Social 
7 12:45pm Connor on Piano	8 8:00am Neighborhood Visits 11:00am Exercise 1:30pm Bingo 6:00pm Knitting	9 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 5:30pm Folk Music	10 10:30am Protestant Service 11am-1pm PAM P's Retirement Potluck 1:30pm Bingo: RHouse 3:30pm Ventures Kids 5:30pm Music 6:00pm Draw / Paint	11 9:00am Shopping Runnunge Sale 12pm-4pm 1:00pm Strong & Steady 3:00pm 4H Visit 5:30pm Music	12 Runnunge Sale 8am-4pm	13 9:00am Visits 9:30am Catholic Service 10:00am Debbie's Violin Class 1:30pm Mother of the Year Celebration
14 12:45pm Connor on Piano 	15 8:00am Neighborhood Visits 11:00am Exercise 1:30pm Bingo 6:00pm Knitting	16 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 5:30pm Folk Music	17 10:30am Protestant Service 1:00pm Resident Meeting 2:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint	18 9:00am Shopping 9:30am Storytelling 10:00am Biblical Fun 1:00pm Strong & Steady 3:00pm 4H Visit 5:30pm Dinner Club	19 8:00am Neighborhood Visits 11:00am Exercise 1:30pm Eden Renewal Party	20 9:00am Visits 9:30am Catholic Service 10:00am Debbie's Violin Class 1:30 Singpiration
21 12:45pm Connor on Piano	22 8:00am Neighborhood Visits 11:00am Exercise 1:30pm Bingo 6:00pm Knitting	23 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 5:30pm Folk Music	24 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint	25 9:00am Shopping 9:30am Storytelling 10:00am Biblical Fun 1:00pm Strong & Steady 3:00pm 4H Visit 5:30pm Golden Oldies	26 8:00am Neighborhood Visits 10:00am Eden Associate Meeting 11:00am Exercise 11:15am Old Favorites 1:30pm Home Happenings (Nurses)	27 9:00am Visits 9:30am Catholic Service 10:00am Debbie's Violin Class 1:30pm Karaoke/ Singing
28 12:45pm Connor on Piano	29 	30 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 5:30pm Folk Music	31 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 3:30pm Ventures Kids 5:30pm Music 6:00pm Draw / Paint			

Please feel free to contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change